



**Washington State  
Department of Health  
Certified Counselors and Hypnotherapist  
Advisory Committee  
Meeting Minutes**

**October 15, 2015**

**9:30 a.m.**

Department of Health

Town Center One

111 Israel Road S.E., Conference Room 158

Tumwater, WA 98501

**Committee members present:**

Miriam Dyak, Certified Counselor - Chair  
Diane Green, Certified Counselor – Vice-Chair  
Janet Large, Hypnotherapist  
Mary Long, Hypnotherapist  
Karen Hausrath, Public Member

**Others Present:**

Tim Livingston, Washington Professional  
Counselors Association (WAPROCA)  
Ray Zukowski, Aldebaran Hypnotherapy

**AAG Present:**

Krystl Murphy, Assistant Attorney General (AAG)

**Staff Members Present:**

Kim-Boi Shadduck, Program Manager  
Sonia Ferguson, Program Representative  
Nancy Tyson, Executive Director  
Brad Burnham, Program Manager  
Lisa Hodgson, Director of Health Professions and Facilities  
Tim Farrell, Director of Policy and Communications  
Catherine Woodard, Associate Director of Discipline

On October 15, 2015, the Certified Counselors and Hypnotherapist Advisory Committee (committee) met at Department of Health (department), Town Center 2, Room 158, Tumwater, WA 98501. In accordance with the Open Public Meetings Act, the meeting agenda was emailed to members of the certified counselor, certified adviser, and hypnotherapy professions through the department's Listserv and posted to the professions' websites.

**1. Call to Order – Miriam Dyak, Certified Counselor – Chair** **9:30 a.m.**

- 1.1 The agenda was approved and accepted as written.
- 1.2 Ms. Kim-Boi Shadduck introduced new public member Karen Hausrath.
- 1.3 The committee members reviewed and approved the July 9, 2015 meeting minutes as presented.

**2. FBI Criminal Background Checks/Raps Back bill – Catherine Woodard, Associate Director of Discipline**

Ms. Catherine Woodard came to inform committee members on the process of criminal background checks for nurses in Washington State. The proposed bill would require any nurse to undergo a one-time fingerprint based background check when applying for licensure and would notify the Washington State Patrol of criminal activity. The nursing commission is looking for the committee’s support.

**3. Manager Report – Kim-Boi Shadduck, MBA, Program Manager**

- 3.1 **Credentialing and disciplinary statistics** – Ms. Shadduck reported on credentialing and disciplinary statistics. Credentialing and disciplinary statistics are as follows:

<b>Current Credential Totals</b>	<b>October 1, 2015</b>
<b>Certified Counselor:</b>	
Number of applications pending	163
Active certifications	616
<b>Certified Adviser:</b>	
Number of applications pending	4
Active certifications	4
<b>Hypnotherapist:</b>	
Number of applications pending	7
Active registrations	760
<b>Total applications pending:</b>	174
<b>Total active credential holders:</b>	1,380

Ms. Shadduck disciplinary reports usually come from the Uniform Disciplinary Act (UDA). The most current report will come out in November 2015. The UDA publishes disciplinary reports every biennium.

**3.2 Budget Update** – Ms. Shadduck provided a budget report is current through July. She said the information is limited as a new biennium has started. The current budget report for the hypnotherapists is \$118,288 and the certified counselors’ budget is in a deficit of \$1,455,952.

**4. Update on Agency Proposed Legislation – Kim-Boi Shadduck, Program Manager**

Ms. Lisa Hodgson, director of Health Professions and Facilities and Mr. Tim Farrell, director of Policy and Communications, came to discuss HB 1134.

Mr. Farrell said the department would move forward with this bill in 2016. He said there is a lot of perception of what this bill does and does not do. He said this bill changes the rules to use DSM5 and to remove the language of GAF.

Ms. Dyak said when legislation first passed the law, it was written into the law requiring certified counselors and certified advisers to use the GAF scale from the DSM4. The DSM4 is now obsolete and the GAF scale was not included in the DSM5.

Ms. Hodgson said the law is becoming more problematic because DSM4/GAF is not taught in schools any longer, so people coming out of school are having troubles with the testing because it has DSM4/GAF questions.

Mr. Farrell said when this bill goes to hearing, he would prefer to have people who use the actual tools to speak to legislation about it. He thinks it would be more powerful. Mr. Farrell said it would help to have draft talking points with committee members. Mr. Livingston said it is important for the association to be involved.

It was decided that Ms. Dyak and Mr. Livingston would meet with Mr. Farrell to discuss HB 1134 and draft talking points.

Ms. Shadduck said she would let the committee know when the hearing would be as soon as she found out.

Mr. Farrell said there could be a few days’ notice, or shorter notice. He would like several people to come speak, including professionals and patients.

**5. Rules Scan – Kim-Boi Shadduck, Program Manager**

Ms. Shadduck walked the committee members through a review of section 246-810 WAC. If there are any questions, please call or email her, as she is there to help.

## **6. Reviewing Continuing Education for Suicide Assessment training standards**

The committee will review and discuss making recommendations to the current list of suicide assessment and training for approved continuing education.

Ms. Shadduck said there is a training table with a breakout of the hours. She said the rule requires that it be reviewed every two years. There will be a stakeholders meeting and public forum in Kent on October 19, 2015 from 1 to 4 p.m. She said this information had been sent out on the listserv and to all committee members.

Ms. Shadduck said that to work on rules, a CR 101 would need to be opened to inform the public that the committee and department are reviewing the training model list.

Ms. Dyak said she was concerned that certified counselors not be trained outside of their scope. Their training should be about assessment and referrals.

## **7. Public Comment**

Mr. Livingston asked about the agenda. He wondered if public had a say or only the committee. Ms. Shadduck said the agenda is posted to the listserv. She said that she sends the agenda and previous meeting minutes to the chair, vice chair and assistant attorney general (AAG) for review.

There was a discussion on having the agenda posted sooner. Ms. Shadduck said she gets the agenda posted as soon as she can.

Mr. Livingston said he has a training coming up in December and would get it up on the association's website as soon as he could.

Ms. Nancy Tyson said that the rules scan is a requirement from the department to review the rules every five years. The rules need to be reviewed every five years, whether they are open or not.

## **8. Scheduling meeting dates for 2016**

The following will be the 2016 meeting dates:

- January 14, 2016
- April 21, 2016
- July 14, 2016
- October 13, 2016

## **9. Consent Agenda**

The consent agenda was approved as presented.

**10. Future Agenda Items**

- Talking points that Mr. Farrell, Ms. Dyak and Mr. Livingston drafted.
- Suicide training

**11. Adjournment**

**11:48 a.m.**

Submitted by:

Approved by:

**Signature on file**

**Signature on file**

\_\_\_\_\_  
Kim-Boi Shadduck, MBA, Program Manager  
Certified Counselors and Hypnotherapist  
Advisory Committee

\_\_\_\_\_  
Miriam Dyak, Certified Counselor, Chair  
Certified Counselors and Hypnotherapist  
Advisory Committee